

Heat Wave in the garden!

Click through to find tips on how to deal with extreme hot weather in your garden so your plants stay happy and healthy!

Cornell Cooperative Extension
Westchester County

Plant Care

- Give your plants a mulch blanket! It will help keep the soil cool and damp
- Trim and deadhead plants before they form seeds to save energy
- Get rid of weeds! Weeds compete for water with the plants you do want
- Avoid pruning to keep plants stress free

Water

- Water plants at their base with a soaker hose or drip line to avoid evaporation and keep foliage dry – poke holes in an old hose for DIY drip irrigation!
- Water for longer so the water soaks deep into the soil – even 10 to 15 minutes!
- Water in the mornings before the heat of the day sets in

Gardener Care!

- When working in the garden during high heat, take a lot of breaks!
- Stay in the shade if possible and use sun protection
- Choose less strenuous tasks
- Drink lots of water!



Know the signs of heat illness. See the American Red Cross website on Extreme Heat Safety.

Added Products

- Stop fertilizing! Fertilizer makes plants want to grow when drought makes them want to slow down
- Products like pesticides might damage leaves in high heat
- Liquid products can turn to gas in the heat and drift in the air